

Zambroza Mangosteen Juice Testimonials

I am a type II diabetic, and it has brought my sugar level down. I am taking medication to keep my sugar level down, but by taking Zambroza it cut back my medication by 70%, and my sugar level is still down, plus I can drink wine, have a few drinks, and I can eat meals out with sugars, have desert, not having to worry about my sugar level being high. I have muscle spasms, I take 5 mg Valium tablet every night to prevent spasms, and by taking Zambroza I have not taken any Valium at all, and feel great.

I have heartburn, and have to take Tagamet 4 times a day, drink Maalox, and eat Tums all day to keep the burning down, and after taking Zambroza now I am off everything. No need for them any more.

Zambroza has strengthened my leg muscles, improved my endurance, improved my balance, lowered my high blood pressure, as I have been only taking it for a short period of time, I know now the longer that I take Zambroza that things in my body will keep on improving, making me a healthier person. In conclusion we submit the following for consideration, as this is fact on my behalf. When a bottle of Zambroza cost me \$ 30.00 Canadian vs. \$ 40 or 70.00 U.S..., and is three times better. I look at it this way, when one is spending \$ 180.00 a month on medication, by taking Zambroza at \$ 30.00 a bottle, the Zambroza is paid for, plus I save \$ 150.00 a month x 12 = \$ 1,800.00 a year. What is being said here is that it costs me nothing to be healthy, in fact I save money by being healthy. Garry Kehler, Calgary, AB

I am 78 years old and I have been taking Zambroza now for about 2 weeks, my blood pressure has lowered, I am extremely impressed as it was quite high. I don't need my afternoon naps anymore, I have lots more energy. I am always looking for things to do. My fiance is taking it now too. Evelyn Sutton - Deer Lake, NL

WOW!!!

Hi my name is Roma Biddiscombe. I have only been taking Zambroza for about three weeks but it has done wonders for me. For about six months I had pains in my knees and hips. I had joined the gym about six months ago and only got there once, and only stayed for a few minutes because I could hardly walk alone work out. About a week ago all the tenderness and pain was gone from knees and hips and I decided to go back to the gym. I worked out for over an hour without any pain. I also feel that I have a better feeling of well being and mental outlook. Thank you sooo much Zambroza.

Roma Biddiscombe - Logy Bay, NL

I received my Zambroza order Friday morning and I took my first 1/2 oz. that afternoon.

By Friday evening, I found no need what so ever to take any meds of any kind. My throat was clear, not sore as usual, and I had a great night bowling. Simply amazing! I find that I have a little more energy and I actually feel like doing things. Pete Markiw - Edmonton, AB

I have been taking Zambroza for 3 weeks, I find I have more energy. Kerri Campbell - Deer Lake, NL

I have used Zambroza for just about a month now and I feel great! Lots of energy! I have also noticed things don't bother me the same more relaxed I guess. My husband and daughter are now taking Zambroza. Sharon Berkey - Kamloops, BC

I first heard about Zambroza from my sister. Since trying the juice, the first thing I noticed is that I had more energy. As I increased from 1/2 oz. to 1 oz., I have no more migraine headaches. It has also improved my sinuses and since that I've noticed clear mental focus. I strongly believe that Zambroza TM improves your overall well being. I now enjoy a renewed outlook on life and I invite you to try Zambroza yourself and see what it can do for you. Geraldine - Corner Brook, NL

My name is Liz. In 2004 on one of my visits to Mom (she lives in Paraguay), I was looking through her meds when I noticed that her bottle of Calcium pills was in English not the typical Spanish like all the other ones. Mom noticing my puzzled look said, but Liz, you should be familiar with them, they come from Canada after all. I know they are a bit more expensive then the local brand, but they are worth it. As she continued to explain the difference they had made for her, I wrote down the name of the manufacturer so I could do some research on them upon my return. When a few months later my little Sister died very suddenly and unexpected do to pulmonary embolism, it was hard on the whole family but for our Mom it was almost too much. She slipped into a deep depression and nothing seemed to work. Out of desperation I searched the internet hoping to find something that might help. That is how I found Zambroza. When I researched it something seemed familiar, it was like I had heard about it before. That is when it hit me, I went into my purse found the piece of paper that had stayed in there, untouched, for 8 months and it read CALCIUM MAGNESIUM by Natures Sunshine. Yup the Calcium Mom was raving about was made by the same company as Zambroza. I placed my first

order, and sent it to Mom. After she used it for about a week my Sister called to inform me that everyone, including her doctor, could not believe the turn around in Mom. She was not just starting to pull out of the depression; she as well was gaining strength. Today not only is Mom taking Zambroza, I personally take it to gain energy during my hectic days. My son (13) swears it helps him concentrate better in class. My niece who is battling Lupus tells me she will never be without Zambroza again. Now she's giving it to her son who has ADHD, and he has been able to be without his Ritalin now for going on 3 months. (Wilma) I did not go into selling Zambroza and NSP products just to make a few \$\$\$ (although that is a nice side affect of NSP), I started selling it because of the many health benefits we personally as a family received, and I want people to know there are alternatives to over the counter medication. I believe very much in NSP products, and would like for you to try them for yourself Liz -Surrey, BC

My husband has been suffering from Arthritis for sometime now. It had gotten so bad that he could not lift his arms to the side. A friend of mine told me about Zambroza and we decided to give it a try. After he took about ½ the bottle, he called me one morning and said Look Emily and he was lifting his arms up. He has been improving ever since. He had an appointment at a Specialist last week (it had been set prior to him starting Zambroza) at the appointment the Specialist confirmed that he has severe arthritis, and was surprised that he was doing so well. We told him about Zambroza and he said I don't know anything about Zambroza, but what ever you are doing, keep doing it, cause it seems to be working. Thank you Nature's Sunshine for helping my Husband gain back his life. Emily - Mt.Pearl, NL

I have been taking Zambroza for approximately five months. It's a great product! I have more energy when I take it. Which is great considering my hectic schedule! Thank you Nature's Sunshine! Craig Chandler, Executive Director, PGIB -Calgary, AB

"I have had a positive experience using this juice blend with 11 fruits and herbs. I was in a running class in January of last year, training for a 5K race on Memorial Day. I don't usually start my training until April of the year, so this was a challenge for me to start running in Chicago winters. When I learned of this amazing juice blend, I started taking it. Being a naturopathic physician, I knew I could put myself on a therapeutic dose. I was taking 1-2 ounces of the juice prior to my practice runs, three days a week. I also drank 2 ounces after the practice run. Being in sports medicine and nutrition, I know the nutritional requirements of an athlete are 2 to 10 times that of a normal person. So I drank the juice before a run to put fuel into my body and then after in order to replenish. When I

ran the race on Memorial Day, I exceeded my own personal goals. I set a 55 minute goal for the 10k (6.2 miles) and did it in 52:15 because of the extra energy I felt thanks to the combination juice blend." Hugh A. Jenkins,N.D.

I am 51 years old. Ten years ago I sprained a ligament in my lower back which then got pinched between the vertebrae of my spine. Since that time, I have had chronic lower back pain, so severe about twice a year that it puts me in bed for 4 to 7 days and at 45 years old forced me to use a cane. I also had arthritic pain and severe knee pain that would at times cause my legs to buckle making me wrench my back or even fall. I started taking Zambroza one month ago, and since then I can honestly say that I have felt better every day. My back and knee pain is virtually gone, I have more energy and a general feeling of well being. A few years ago I started having a reaction to the perfumes used in skin cream and cleansers (my eyelids would puff up like balloons). Since starting to use the Natria Advanced Recovery Cream three weeks ago (and one cream does AM & PM) my skin is smooth, silky and has better tone. I can't wait to try the rest of the Natria products. Karen Huls, Kamloops, BC

I had been introduced to Mangosteen Juice a few months ago. I had been suffering with sinus problems for years (and didn't want to be taking the steroid spray that the doctors wanted me on) about twenty minutes after trying the product I didn't have a stuffy nose. I was extremely impressed to say the least! WOW, I can breathe again. I also have noticed a tremendous difference in my energy level and sense of well being. I don't get stressed like I used to or get tired at 3 in the afternoon. I recently heard about Zambroza Mangosteen Juice Blend and was a bit skeptical at first but decided to try it. I was told it was much better and had a higher Xanthone and ORAC value and was much cheaper! I have also discovered that it works much better and I only have to take 2 tablespoons a day compared to 3 or more ounces a day. To find a Canadian product that works much better and is much cheaper, well I am sold. I wouldn't be without my Zambroza and ordering is great, it only takes two business days and delivered right to my door without the expensive shipping charges. No more running out before autoship arrives. There is no comparison in price \$29.46 CDN or \$100 US and works much better, you do the math! I am very proud to say I am now a Nature's Sunshine Rep - Kerry C. - Calgary

My husband and I have been taking Zambroza for the past three months. Basically for energy. My husband has been off work for over a year with heart problems and was always so fatigued. He had a hard time getting out of bed and when he did, he was tired. About 3 weeks into taking Zambroza he started noticing that he had more energy than

before. He was able to go through the day without having to sit or sleep most of it. Then by the 4th week, he was getting up at 9 am instead of noon and with energy. He woke up feeling awake with energy - not tired and wanting to crawl back into bed. Now, after having heart surgery, he continues to take Zambroza to keep up his energy and a faster recovery. Zambroza has made a difference in his life and our family. - Rosa Ayotte - AB

I have also seen great success using this juice in my practice. One patient, a massage therapist, caught a virus from one of her cancer patients. She had flu symptoms for about a week, which affected her work. I started her on the juice blend, and her symptoms disappeared within two days. Her energy level was higher than prior to when she was massaging that patient." Dr. Hugh A. Jenkins, N.D.

"I have been taking Mangosteen Juice for the last two months. I now get a much better nights sleep, my boyfriend says I don't toss and turn like I used to. I have more energy and I have noticed an improvement in my overall health. My boyfriend takes it now too! A friend told me about Zambroza, it has much more antioxidant power and cheaper. Better health and better value for my money sounds great to me, so we have turned purple!" Paulette, Ft. McMurray

"My son is 10 years old and suffers from Dyslexia, ODD and ADHD. He was analyzed by a psychiatrist as well as a behavior counselor and they told me that he would most likely need to be help and relief that drug therapy could bring him. I had heard the horror stories about kids on drugs and I was really scared of what kind of effect this would have on him when he grew up. Would he feel that drugs are the answer and could solve his problems as an adult? So I madly went searching for a natural way to help him before I gave in. I came across Mangosteen Juice that a friend was selling. I tried him on the juice and 3 weeks later I got a call from the school telling me "See, I told you the drug therapy would work, your son has calmed right down in the class and is no longer dyslexic. Aren't you glad you went that route"? I just kind of smiled and said yah, thinking in my head that I saved my son a life of horror on drugs, to this day I have never told her different. LOL! As for me, I have had a problem for over 20 years with horrible pain in my ankles and knees. It was so bad for a while couldn't make it up the stairs without crying from the pain. They Mangosteen Juice took away the pain and I feel like I have new legs! We recently switched from this juice to Zambroza Mangosteen Juice because we heard it was better and had a higher Xanthone and ORAC value and was less money. I was worried it would not work as good as the other but I discovered the opposite, it actually worked 100% better and I only had to take 2 tablespoons of it a day, the other

juice I had to take 3 ounces a day, so I am saving money too! One bottle lasts me a month and costs \$29. The other cost \$100 US - so this is a whole lot easier on my pocketbook and I like supporting a Canadian company over a US one any day! Also, my son, has had great results with Zambroza too and asks me for HIS juice every morning because he's crazy about the taste of it. I have to hide it from him! Also I should mention I tried the Collatrim Liquid they sell that causes you to lose weight while you sleep. I have lost 12 pounds in 2 weeks and I am excited about this too! Way to go NSP!!!" Thanks Zambroza
- Deanna, Calgary

"I no longer need my cane to walk...I have suffered with high blood pressure, arthritis and heart palpitations. As a result, I experience stiffness and pain in my joints, especially in the hips, which at times causes me to depend upon a cane to help me get around." " I was really excited about this mangosteen juice blend because I already knew about mangosteen and what it could do. However, I wanted to know for myself what the health difference would be. What I noticed right away was a sense of well being. I noticed increased endurance, which is what I need for my hectic schedule. I also noticed that I was sleeping much better and getting up less during the early mornings. After about 90 days, I didn't need my cane anymore. When you work in the health field you do not want to be in pain or need assistance with a cane while trying to help others to better health. The taste of the juice is wonderful and the benefits you can receive are priceless." Dr. Barbara Flott, N.D.

"Within two days, my energy level was definitely up. I am 62 years old, and I have been using natural health procedures and products for the past 13 years after having a very long bout with diverticulitis. After suffering for almost 12 years, I felt like a new person with a new body after being introduced to herbal remedies." "Let me add my compliments to Natures Sunshine for bringing us this absolutely remarkable product. I have been drinking Mangosteen Juice from another company for over three months, (before it came to Canada) I didn't think I wouldn't notice any more improvements in my health, but it was only the beginning. Symptoms began disappearing one after the other. After four and a half months on Zambroza, I have no more kidney problems, have more energy. I have no more headaches, the tumor behind my left eye is gone, have a better attitude of life, (better mood), can be off my B12 and natural anti-biotics, and I don't need to take as many other supplements. This may not seem like much of a miracle, but considering I am almost 78 years old, with a history of 8 major operations, and a host of serious illnesses, including Diabetes Type 11 and Rheumatoid Arthritis twice, (all cured with natures Sunshine products), working in my Health Clinic, taking care of an ailing husband, and being Church Organist, I think I am doing remarkable well health wise. And I owe a great part of that to Natures Sunshine Products, and now the Zambroza. God bless all who read this." Anne Matthies.

"In March 2004 I was asked to test a new fruit juice blend with mangosteen. I began taking up to two ounces every morning and evening. Within two days, my bowels were moving well, my energy level was definitely up and I was sleeping better. Monthly chiropractic adjustments have been a part of my lifestyle for 12 years. However, for the past eight months I found that I needed an adjustment two times a month. After taking the juice blend for two weeks, my body did not need the additional adjustments. Evidently, the inflammation in my body has been reduced, and therefore my body is maintaining a better pH balance. I am also noticing a change in my vision and eye health." Cookie Tilghman

"I have twin 5-year-old girls. I've been giving them about 2 teaspoons of Zambroza each day and they've been healthy in pre-school for two months! Anyone who has kids in pre-school knows this is quite a feat. Plus they love the taste. They run to me, saying, "We want the purple stuff!" Nicole Richards

"My husband and I love Zambroza. It's delicious. We took a bottle of it and felt energized by it. We had a second bottle but didn't get to enjoy it ourselves because we offered a sample to a client. She loved it so much that I sold it to her, and she is seeing great results. Don't worry, we've ordered more." Sharon Robertson

"I take Zambroza twice a day. I've found that it gives me energy. I don't get as tired during the day as I used to. It tastes so good, I don't see why anyone wouldn't take this product? Especially given its high antioxidant value." Richard Russell

"I have a condition (fibromyalgia) that results in severe muscle pain. I have never had anything give me the energy and relief that Zambroza has!" Coral

"I have been involved in natural health and prevention for more than 15 years. I have

NEVER seen a product this powerful. Having a long history of allergies and immune problems since birth, the combination juice blend has been the most substantial supplement I have ever personally witnessed. I was born with congenital absence of immuno-globulin A, which means I have no defense against viruses. A physician once said, "You should live in a plastic bubble because you are allergic to the world." Having a part of my immune system missing left me with a whole host of allergy problems, ear infections, sinus infections and many sick days. During spring and fall in Wisconsin it is hard to control my allergic response. I have been using the Zambroza mangosteen drink daily since March 2004. I have only needed to take an antihistamine (which I used to live on) twice in that time. For someone who has had a lifelong battle with allergies, this powerful juice blend is my blessing. I live in a bubble all right - a bubble of health! The energy I get from the juice blend is incredible. I feel good, I look good, and I can live allergy free again. It is amazing!" Jay P. Vanden Heuvel, Ph.D.

"My manager gave me two bottles of Zambroza because I was so weak. I have had heart problems and keep having blood clots. I drink the recommended amount twice a day and do believe that it is causing me to gain in strength!! I have just about finished my 4th bottle now and am feeling stronger every day. I would recommend this product highly." Sharon

"One of my clients is diabetic, and has a number of health problems, including elevated blood-sugar levels. We put her on the Zambroza, and she called three days later to inform me that her blood sugar was dropping!" Pat

"I was just getting over a cold when the Zambroza arrived. It helped me to feel better without taking other herbs and also helped get rid of a lingering cough. I had been consistently low in energy and stressed. The product has given me more energy and I am able to stay up later and not be tired in the afternoon." Maureen

"My husband has noticed a great immune boost as he was coming down with a cold at the time he began drinking it. He said it is the fastest he ever got over a cold. He has felt more energy and seems to really feel good." Jean

"I received the Zambroza in the midst of a bout of the flu. It was interesting that after each dose my fever would break and I immediately felt better. I was able to get going with sustained energy levels after the sickness." Evelyn

"My breathing is better when taking the Zambroza." Shelley

"I suffer with allergies. For 30 years I have had a really violent allergy to cigarette smoke and have frequently passed out from the smell of it. After using Zambroza, I experienced an improvement and noticed a difference in my immune system. I also have a lot of breathing problems, but I noticed that after using the juice blend I didn't get sick immediately after I had been around cigarette smoke. This is amazing because in the past 10 years I have always gotten an infection after being around cigarette smoke. I drink the juice blend twice a day, which is unusual because I don't usually like liquids. But I like this one! I could drink a whole bottle in one day. It tastes like grape juice, which is very pleasant." Peggy

"A serious skin issue on my leg has come off after one bottle of Zambroza. It had been on my leg for seven years." Suzy

"My son has psoriasis, and although we were able to get it under control with a good herbal program, he had residual on both elbows and knees. We began taking the juice blend as a family. I would line up five shot glasses in the morning, and everyone would take one as they walked by. Thanks to the great taste, I never had a problem or even had to remind my family to take it! After about three weeks my son's elbows were completely healed over with new skin, and one knee was completely healed. He was so excited! I have had problems in the glandular system with thyroid, adrenals, pituitary and hypothalamus, which can really make life miserable. These issues have completely resolved since I started using the Zambroza." Evelyn

"I noticed immediate increase in endurance. I had an evening where I only had 3 hours of

sleep with a full schedule the day before and the day after. But I sailed through with normal energy taking 3 oz in the morning and 3 oz in the evening." Valerie

"Zambroza helps keep my inflammation down." Richard

"I have a wellness practice and I've been working with a client who has MS and is fighting having to be confined to a wheelchair. He wears wood braces on his legs. I put him on 2 ounces of Zambroza twice a day and about a week later he called me and told me he ripped off his wood braces and for the first time in about a year he has feeling in his feet." Lisa

"It tremendously helped me with my PMS. I usually feel yucky and weak and crampy during and before my period. I had NO symptoms. I am very pleased." Wendy

"My sister was scheduled for a hip replacement in March of this year. When she went in for her preparation tests, they found out that her hemoglobin level was too low for the procedure and cancelled the surgery until a later time. They rescheduled her to come back in for more tests, during which time she began taking Zambroza. She immediately started feeling like she had more energy. When she went back in to have her tests redone, her hemoglobin was fine. They proceeded to do the hip replacement successfully. Personally, I drink the juice blend every day. I love the energy it gives me. Nearly everyone who uses it reports increased energy and a feeling of well being." Jonas

"I started taking Zambroza the end of March and have cut back on a LOT of my other supplements!! I have seen so many health improvements since starting it, and am actually spending less money by taking the Zambroza. After five weeks on it I had the best monthly cycle I have had in years, and didn't have any water retention. It was quite amazing." Sharon

"I started the Zambroza 3 to 4 weeks ago. Zambroza has helped eliminate my migraine headaches and has given me a boost in my energy levels." Jean Ann

Whether you are healthy or chronically ill almost assuredly you can achieve better health and benefit from the power of mangosteen!